

Essence: Sweet children, your duty is to caution one another by reminding them of the Father and the inheritance. Benefit for everyone is merged in this.

Question: Which deep secret do you children understand that even scientists cannot understand?

Answer: You understand that a soul is an extremely subtle *star* and that all the sanskars are in the soul. It is the soul that plays his own *part* through the body. The body is non-living whereas the soul is living. In the same way, the Supreme Soul is also a *Star*. He has all the *knowledge*. He is the Seed of the human world. He is the Truth and the Living Being. He is not brighter than a 1000 suns. Only you children understand this deep secret. Scientists cannot understand these things. First of all, you children have to give everyone recognition of souls and the Supreme Soul.

Song: Mother, o Mother, you are the Bestower of Fortune for All...

Om shanti. The Father says to you children: May you be spinners of the discus of self-realisation. The Father has cautioned you children in this way. You children then also have to caution one another. By remembering the Father, you quickly have that intoxication. By reminding one another, you caution one another. When you meet someone, you greet each other with namaste. However, there is no benefit in that. There is only benefit when you children caution one another. Everything is included in the expression: Spinner of the discus of self-realisation. It has knowledge of the Father, the status and the cycle. Therefore, it is your first and foremost duty to caution one another. By reminding them, they will be careful. You repeatedly have to caution one another. Continue to remember the Father and the inheritance. Become a spinner of the discus of self-realisation, consider yourself to be bodiless and remember the Bodiless Father. Remembrance means yoga. It is only through yoga that your body becomes free from disease. This is the effort of the present time. At the end, when you reach your karmateet stage, you will become completely free from disease. At the moment you are still effort-makers. At the moment, the Father sits here and explains to you children because He knows that all of you are senseless. When people worship deities, none of them know their *occupation*. Therefore, you have to explain to them: We can tell you everyone's *biography*. First of all, the main thing to know is the Supreme Father, the Supreme Soul. Many people are confused about this too. They say: God doesn't have a name or form. So, the first and foremost thing is to tell them the difference between a soul and the Supreme Soul, and also this knowledge. You know that all are souls. It is said: Charitable soul, sinful soul. You would not say: Sinful Supreme Soul. This is an impure world. God cannot be impure. This is why human beings first have to know the soul because no human beings have knowledge of the soul. It is the soul that listens. It is the soul that eats and drinks. The soul does everything through these *organs*. What is the form of a soul? They say: A wonderful star sparkles in the centre of the forehead. Therefore, you have to explain to them the form of a soul. The form of a soul is not that large. A soul is extremely subtle. The form of a soul is a *zero* or a point. Now, you should think about how subtle a soul is. People ask: How does a soul leave the body? Where does he leave from? Some say: He leaves the body through the skull. Some say that he leaves the body through the eyes, because a body has many doors. However, what is a soul? It is *wonderful* to know this. Some ask: How does a soul leave a body? They don't ask: How does a soul enter a body? First of all, you have to know what a soul is. Such a tiny soul has a *part* of 84 births recorded in him. These matters are *most wonderful*. A soul is truly like a *star*. It cannot be called big. When an *aeroplane* goes up above, it is seen to be very small. However, souls are not big. They only have one form. Therefore, you should first of all know about souls. How do I, this soul, enter this body? Some people have visions, as though there is a *star*. That tiny soul has all *knowledge* recorded in him. The soul is just the one. This is a *great wonder*. No one knows about the form of God. In fact, as the soul, so the Supreme Father, the Supreme Soul. He is the Father. Although here, a father and children are big and small, a soul is not big or small. There is no difference between the form of a soul and the Supreme Soul. However, there is a difference between the *part* and sanskars of the two. The Father explains what sanskars He has and what sanskars you souls have. Because of not knowing the form of a soul and the Supreme Soul, people have said that souls and the Supreme Soul are one and the same. They have created great confusion. It is very essential to know this. There is God, Brahma, Vishnu and Shankar too. Each of them has a soul in him. Jagadamba, Saraswati, is called the

Goddess of Knowledge. Therefore, the soul of Saraswati would surely have *knowledge*. However, what *knowledge* does she have? No one knows this; they simply call her the *Goddess of Knowledge*. When there are *articles* printed in the newspapers, you can explain about them. You say that Saraswati is the *Goddess of Knowledge*, but what *knowledge* does she have and when did she give it? She must definitely have received *knowledge* from *God*. What is the form of *God*? How was she given the name “*Goddess of Knowledge*”? It is *God* who is *knowledge-full*. How did He make Saraswati *knowledge-full*? You should make someone bring them to the confluence age with just this one aspect. Baba says: I explain to you whereas Sanjay (Jagdishbhai) is the instrument to write about it. This one is the *number one* main actor. He should be Baba’s *right hand*. However, the destiny of the *drama* is such that he has to live in Delhi. He has the same *part* as in the previous cycle. Arjuna’s name is remembered as the main one. You children now understand the meaning of everything. First of all, you have to understand about souls and the Supreme Soul. The Father has explained to you children how a soul is a *star* and how all the *knowledge* is recorded in it. None of the scientists will be able to understand this. All the *sanskars* are in the soul. A soul is a *star*. OK, so what is the form of *God*? He is also the Supreme Soul. There is no difference. The praise that people sing of Him being brighter than a 1000 suns is wrong. The Father says: It is just that you souls don’t have *knowledge*. I, the Supreme Soul, am *knowledge-full*. This is the only difference. Maya has made you souls impure. However, it is not that the soul is a flame that is extinguished. It is just that the *knowledge* of the Father and creation has disappeared from the soul; you are now receiving that. Baba has *knowledge*. He too is a soul. He isn’t any bigger. He is called *knowledge-full* and Saraswati is also called *knowledge-full*. However, when did she receive *knowledge*? Whose daughter is Saraswati? No one knows this. Therefore, it should enter your heart how you can explain to them. Who is *God*, the Father? You also have to explain that He is a *Star* and that He has all *knowledge* in Him. *God, the Father*, is the Seed of the human world. He is the unlimited Father of everyone. He is the Truth and the Living Being. He has true *knowledge* in Him. He is also called the *Truth*. No one else has the true *knowledge* in him or her. Only the one Father is the Creator. So, He definitely has the *knowledge* of the whole creation in Him. He is the Seed of the tree. The soul is living whereas the body is non-living and becomes living when a soul enters. The Father explains: I am that same One. A soul cannot be bigger or smaller. Just as you are souls, so *God* is the Supreme Soul, and His praise is the highest of all. He is the Seed of the human world. Only human beings remember Him. You know that the Father resides up above. The soul says through these *organs*: Oh Supreme Father, Supreme Soul! People don’t know this because they are body conscious. You have now become soul conscious. You have the faith that you are souls. You know that only the Incorporeal One is called *God*. You are His children. *God* comes and gives you *knowledge*. He is called the *Knowledge-full* and *Blissful* One. He has been given the praise: The Ocean of Mercy, the Ocean of Happiness, the Ocean of Peace. Therefore, you children should definitely receive an inheritance from the Father. It is because He came and gave the inheritance at some time that He has been remembered. The praise of the deities is separate from the praise of the Father. He is the Father of all souls. Because He is the *Creator*, He is called the Seed. First of all, you have to give His introduction. It is shown in the scriptures that He is thumb-shaped. We say that He is a point of light. We have also created that picture. However, He is not that big. He is extremely subtle. So what should we explain? They would ask us: Why have you shown such a big image in the picture? Tell them: What else should we have? He is just a point, so how would we worship Him? How would you offer Him milk? This form has been created in order to worship Him. However, you understand that He is the Supreme Father, the Supreme Soul, who resides in the supreme abode. That supreme abode is our *sweet home*. The incorporeal world, the original home, the subtle region and then there is the corporeal world. The Father resides in the incorporeal world. The soul says: I want to go to the land of nirvana where there aren’t even these *organs*. The soul comes and adopts a body. How can you explain where souls leave from? You know that a soul enters the foetus and it becomes living. It is such a tiny soul and all his *sanskars* are recorded in him. Then, one by one, the *sanskars* of each birth emerge. The Father explains: You have to understand everything very well. You can also explain about Saraswati. Whose daughter is she? She cannot be called a *goddess* at this time. Saraswati is the daughter of Brahma. Therefore, he must be the *God of Knowledge*. It is shown that *knowledge* was given through the lotus

mouth of Brahma. Therefore, Brahma's name is also mentioned. At this time you are Brahmins. Although a soul may be becoming *pure*, the body cannot be *pure*. This is a tamopradhan body. The Father explains: Children, continue to caution one another and continue to make progress. Are you remembering the Father and the inheritance? Do you remember the discus of self-realisation? Baba says: Not a single one would be cautioning in this way. By remembering the Father you become conquerors of sleep. There is a lot of income earned in this. There is no tiredness when earning an income. However, you also have to do physical work and this is why there is tiredness. Baba says: Even stay awake at night and talk to Baba. You have to dive into the Ocean of Knowledge, just like the animal that dives into water. So, by diving in this way, and by churning the ocean of knowledge, you can see that you receive many *points*. They emerge from nowhere. This is staying awake at night and churning the ocean of knowledge. People don't know anything at all, and so you have to explain to them. The Father is the Ocean of Knowledge and you are to receive an inheritance from Him. Those who belonged to the original eternal deity religion in the golden age definitely received their inheritance. How did the whole kingdom receive an inheritance? It doesn't take long for it to become the golden age from the iron age. The night comes to an end and the day begins. There is a vast difference between the *iron-aged world*, the land of sorrow and that land, the land of happiness. There is so much difference between the night of Brahma and the day of Brahma. You are now receiving *knowledge* from *God the Father*. What was it that Saraswati used to do? No one knows. People simply received a picture of Saraswati, the *Goddess of Knowledge*, and they became happy with that. Therefore, you have to caution them. You have to give them God's introduction. Then you also have to give the introduction of Brahma, Vishnu and Shankar. The Father came and gave this *knowledge* and changed an ordinary man into Narayan. Explain each one's *occupation* very tactfully. Saraswati is also a mouth-born creation of Brahma. Therefore, the Supreme Father, the Supreme Soul, definitely came and created the mouth-born creation through Brahma. To whom did He give *knowledge* first of all? It is said that the urn was given to Saraswati. They have removed Brahma from in between. No one knows that He entered the body of Brahma and gave the urn to the mothers. Therefore, Brahma would surely also be listening to knowledge. They have also shown scriptures in the hands of Brahma. The directions of Brahma are very well-known. So he too would be giving directions that are the essence of all the Vedas and scriptures. Shiv Baba explains through Brahma. Where did Brahma come from? Where did this chariot come from? No one knows. Baba has explained to you now and so you can explain that to others. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Stay awake at night and churn the ocean of knowledge. Take a dip in the Ocean of Knowledge. By remembering the Father, become conquerors of sleep.
2. Continue to spin the discus of self-realisation. Remind one another of the Father and your inheritance, caution one another and continue to make progress.

Blessing: May you be an elevated soul who is one out of multimillions and surrender yourself like a moth to the Flame.

We are a handful out of the multimillions in the world, and a few out of that handful. We are elevated souls, who have realised and experienced that we are the same elevated souls of the previous cycle, who sacrificed ourselves to the Father, the Flame, like moths. We are not those who simply circle around, but have become moths and sacrificed ourselves. To sacrifice oneself means to die (to surrender). It means to belong to the Father, to burn and die, that is, it means to transform oneself totally.

Slogan: Constantly remain seated on the seat of stability and you will remain unshakeable and immovable.